

**INFANT PROFILE**

Child's name: \_\_\_\_\_ Birth date: \_\_\_\_\_  
Parent's name: \_\_\_\_\_ Date: \_\_\_\_\_

**FEEDINGS:**

1. Does your child take breast milk? \_\_\_\_\_ If yes, will you be coming to nurse? \_\_\_\_\_. Have you introduced a bottle to your child? \_\_\_\_\_
2. What is your child's feeding schedule? \_\_\_\_\_
3. How many ounces of formula/milk do you prepare at each feeding? \_\_\_\_\_
4. At what temperature does your child like their bottles? Cold / Room Temp. / Lukewarm / Quite warm
5. How often and when do you burp your child during feeding? \_\_\_\_\_
6. Does your child spit up much at a feeding? \_\_\_\_\_
7. Do you give your child formula or whole milk? \_\_\_\_\_  
If formula, specify type? \_\_\_\_\_
8. Do you give your child solids? \_\_\_\_\_ If yes, what type? \_\_\_\_\_
9. Does your child need to be awakened for feeding? \_\_\_\_\_
10. Do you offer water or juice? \_\_\_\_\_ When? \_\_\_\_\_
11. Is there any history of food allergies that we should be aware of? \_\_\_\_\_ If yes, please explain. \_\_\_\_\_

**ROUTINES:**

1. How does your child comfort her / himself? Pacifier \_\_\_\_\_ Sucking fingers \_\_\_\_\_ Other \_\_\_\_\_.
2. It is Appletime's policy to only place infants on their backs to sleep. Is your child usually asleep before being put down in a crib? \_\_\_\_\_ If no, how do you put him/her to sleep? \_\_\_\_\_ Please note: Infants under 1 year of age cannot have a blanket in their crib.
3. Does your child use an exersaucer? \_\_\_\_\_ A swing? \_\_\_\_\_
4. Does your child roll over? \_\_\_\_\_ Sit alone? \_\_\_\_\_ Crawl? \_\_\_\_\_ Walk \_\_\_\_\_
5. Can your child pull him / herself up to a standing position? \_\_\_\_\_
6. How many naps does your child take each day? \_\_\_\_\_ When? \_\_\_\_\_  
Generally, how long do naps last? \_\_\_\_\_
7. How long is your child awake after feeding before going down for another nap? \_\_\_\_\_
8. Please list any special instructions, comments, problems, or concerns: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_